

# What to Ask...

When someone loses a loved one



## DON'T AVOID

Sometimes we don't know what to say. We have a tendency to avoid when this happens. No one ever knows what to say. Start with a question. A few good ones are listed below to help you out.



## ASK A QUESTION

**They need to talk about it. Get them talking.**

What is your best memory?

What was your relationship with them like?



## DON'T BE AFRAID OF SILENCE

**Their minds are spinning. Give them time.**

"Tell me about your friend... loved one..."

What did they think of you?



## LISTEN

**We want to say something to fix it. We can't. Just listen.**

What are you going to miss the most?

What days are going to be important for you in the future?

Write them down and remember the person on these days.



## ASK ANOTHER QUESTION... THEN LISTEN AGAIN

What would you do over with them?

What do you wish was different?

Just sit with them.

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D O N ' T A V O I D

1 Thessalonians 5:11 *Therefore encourage one another and build each other up, just as in fact you are doing.*



A S K A Q U E S T I O N

Proverbs 12:25 *Anxiety weighs down the heart, but a kind word cheers it up.*



D O N ' T B E A F R A I D O F S I L E N C E

Galatians 6:2 *Carry each other's burdens, and in this way you will fulfill the law of Christ.*



L I S T E N

John 11:25 *Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die..."*



A S K A N O T H E R Q U E S T I O N . . .  
T H E N L I S T E N A G A I N

1 Corinthians 12: 26-27 *If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it. Now you are the body of Christ, and each one of you is a part of it.*